

# THE SPIRITUAL TRANSFORMATION REPORT

*by Lorna Houston*

**Julia Roberts**

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Atlanta, Georgia

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*Listed below is a list of planetary positions at birth for*

## **Julia Roberts**

### Positions of Planets at Birth:

Sun	4	Sco	03	Pluto	21	Vir	57
Moon	24	Leo	47	True Node	27	Ari	55
Mercury	13	Sco	53	Asc.	27	Can	53
Venus	18	Vir	04	MC	16	Ari	45
Mars	3	Cap	45	2nd cusp	19	Leo	50
Jupiter	1	Vir	22	3rd cusp	15	Vir	34
Saturn	7	Ari	09	5th cusp	22	Sco	07
Uranus	27	Vir	12	6th cusp	26	Sag	56
Neptune	23	Sco	21				

Tropical Placidus Daylight Savings Time observed

GMT: 04:16:00 Time Zone: 5 hours West

Lat. and Long. of birth: 33 N 44 56 84 W 23 17

### Aspects and orbs:

Conjunction	: 7 Deg 00 Min
Sextile	: 4 Deg 00 Min
Square	: 5 Deg 00 Min
Trine	: 5 Deg 00 Min
Quincunx	: 3 Deg 00 Min
Opposition	: 5 Deg 00 Min

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# INTRODUCTION

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Many people, in fact, all members of humanity who have not yet healed to the point of turning into Light - have the lingering effects of one or more past traumas which are preventing their full potential from manifesting. Some of these past experiences may be recent; some may be things which happened in your childhood which we might not even remember; and some may have come from prenatal events or events which happened before we were even conceived.

Astrology is an excellent tool for zeroing in on where each individual's blocks may be and then suggesting new ways of thinking which will bring about healing and freedom from the past.

Other theories of past reconstruction tend to be unnecessarily tedious, expensive and usually unproductive. For example, non-astrological therapies which go back into the past may dwell on unhappy memories and even increase the pain rather than bring in the solution. Similarly, past life regression may just give more of a feeling of lack of personal power. In reality, the only constructive reasons for going back into the past is to determine what the individual concluded as a belief from the experience and then to replace that belief with a more positive one.

For example, if you experienced hunger sometime in the past and developed a fearful belief from it that you could starve, you would feel more secure by adopting a newer, positive belief to allow the good to enter into your life in the future. You can choose to believe instead that you will always have plenty of nourishing food. You will then be likely to go joyfully to the health food store and even plant your own vegetable garden. You will expect something good to happen and then you will make it happen. You will overcome the possibility of not having enough food. Our beliefs are the thoughts which create our actions. Even if the new belief seems impossible at first, you will be surprised at how fast you start to notice positive changes.

Best Wishes, Lorna Houston

# CHAPTER 1: LUNAR NODES

*Your lunar nodes give you an overall picture of your life - where you have been and where you are going. Your South Node indicates the overall impressions which you have from the past and what karma you need to come to terms with to move ahead to a bright and happy future. Your North Node outlines what that positive future will be like - the meaningful life path which you will be free to pursue once you have got your past limitations out of the way.*

*Whether you choose to look at your past in terms of inheritance from your ancestors or past lives in previous incarnations, the overall pattern of your South Node will be the same. It will be an abstract description of however you conceptualize your past influences. Similarly, your North Node will be an abstract impression of your future growth and it will be up to you to fill in the details of how your life mission will unfold.*

*North Node in Aries - South Node in Libra:*

In your background you were forced to be diplomatic, cooperative and politically correct. This inhibited your self-expression. You become very bored if you have to listen to people talk at a social gathering or a meeting, and you need more honesty and action. Get away from those who are all talk and no action and start new projects. Compete in sports or start your own business. You are happy and productive being a pioneer.

*North Node 10th House - South Node 4th House:*

Your family has provided you with a good nurturing start in life. Now you are prepared to build a successful career on your own. Keep growing and achieve new heights.

# CHAPTER 2: SATURN

*Saturn represents the area(s) where you have been held back, but on the positive side it gives you stability and awareness of your roots. Saturn can be viewed as the influence of your grandparents, the Sun as your father's influence and the moon as your mother's. In a family with healthy relationships, Saturn will give you the sense of outer authority which you will then internalize as your own independent self-discipline as you grow. Your grandparents will be seen as laying the groundwork for future generations to progress.*

*However, if family conditions have been less than perfect, your grandparents may have left their unresolved problems to your parents who have then passed on this burden to you. A grandparent may have been absent, too strict and harsh, or even deliberately sadistic and controlling. He or she may have experienced great lack or deprivation, such as poverty, cold, lack of shelter, lack of water or food, or overworked and harsh conditions. Your own liberation will come from realizing that you are not being*

*disloyal or disobedient when you create a future in which you will let go of these influences.*

*Saturn in Aries:*

Your ancestors would have had to scramble and compete to survive but you do not have to do that now. You have benefited from their experience and you know what works and what doesn't. You can now move into the future as a skilled entrepreneur or tradesperson.

*Saturn in 9th House:*

Although your ancestors' religious beliefs worked for them in the past, you now need to adapt your beliefs to what is actually still relevant in the modern age. You need to examine how much of these beliefs are genuinely spiritual and useful, and how much are just misunderstanding and ways to control the followers.

## CHAPTER 3: THE MOON

*An understanding of your Moon is very important in overcoming past traumas because it represents your emotions and it is your emotions which must be healed. The Moon is indicative of the motherly influence in your chart and mothers are the early source of nurturing. If you can bring in enough nurturing, at any stage in your life, to offset any past traumas, you will have successfully offset whatever was in essence the opposite of being nurtured.*

*So, you need to learn how to nurture yourself better and then to carry this out in specifically addressing the area(s) of hurt. You can work on this by yourself and/or you can seek out the help of family, friends, community resources and religious supports. The main thing is to come to see you are loved and worthy of love. Keep re-affirming this thought so the love will get bigger and bigger in your mind and the experience of lack of love will get smaller and smaller.*

*Moon in Leo:*

Your mother was very proud to have you as her baby and she liked to show you off and take pictures of you. When you were a young child, she would have enjoyed leading you and other children in games, parties and other recreational fun. You like to be a leader and your early nurturing may have at times come from your followers rather than from your mother; this is why you may at times crave attention.

*Moon in 2nd house:*

Your early home environment was secure and stable. Your family likely had a nice house surrounded by beautiful scenery. Your mother made sure you were well fed and she encouraged you to be responsible with the money you earn and to be honest in your dealings. You are strong, patient and practical. Even though you take your time to learn something new,

what you learn stays with you for a long time.

#### *Moon Conjunct Jupiter:*

In your early childhood your mother raised you according to her religious values of care and generosity. Because you were treated so kindly, you are now motivated to go forth and uplift others.

#### *Moon Square Neptune:*

In your early childhood you may have picked up some irrational fears from your mother. She had psychic ability but she had trouble handling it. As a result, you need to do subconscious clearing of any negative beliefs or fears which either were your mother's or which you learned to create on your own.

#### *Moon Trine N. Node:*

Because your mother had opportunities to deal with many emotions she had about past blocks, you were very fortunate to be raised with a healthy example of how to leave the past behind and successfully move ahead into the future.

## **CHAPTER 4: THE SUN**

*While the moon rules your mother and unconditional love, the Sun rules your father and conditional love. In other words your father teaches you there are limits on behavior, as you will be rewarded if you behave well and not if you don't. If your father was not present or if he did not perform his fatherly role for some reason, then you may have become subject to traumatic experiences brought about by persons who disapproved of your behavior. It is also possible that your father, or whoever was in the fatherly role, abused you in some way. This would have left you with two challenges to overcome: to heal from the abuse and to learn socially acceptable behaviors from someone else. What you can best do is to seek out persons who are reliable, trustworthy, well-adjusted father figures and learn from them. For example, there are ministers, counselors and teachers. If one of these other persons turns out not to be reliable either, then do not be discouraged and do not blame yourself; you have not done anything wrong.*

#### *Sun in Scorpio:*

On one hand you will be inclined to feel the emotional pain of any past trauma very intensely, but on the other hand you have unequalled regenerative power to rise above whatever has happened and feel a sense of rebirth which you have never experienced before. Perhaps it is your self-confidence in your ability to do this which gives you the courage to face dangerous situations which others could not.

### *Sun in 4th house:*

You shine in the area of creating a happy home. You like to care for young children. You tend to hold on to emotions from the past but your sunny outlook offsets their effects. You may be interested in having a family garden and in encouraging children to take an interest in caring for the land.

### *Sun Sextile Mars:*

Although you are very energetic, dynamic and strong; you are also successful in channeling this energy into peaceful, spiritual, constructive purposes.

### *Sun Sextile Jupiter:*

Your father would have made sure you had a good religious upbringing and you would treat others with generosity and kindness. Take advantage of the many opportunities you have to uplift the less fortunate and, if you ever need it, you will be helped in return.

## **CHAPTER 5: ASCENDANT**

*While your Sun and Moon represent your father and mother respectively, your Ascendant represents yourself. It is the area of life where you outwardly express your individuality. Your other planetary experiences all come together to be expressed through your Ascendant. It, therefore, is the part of you which others readily see.*

*In other words, if you want to improve the way in which others see you, you can either change the way in which you express yourself or, if necessary, make deeper changes which will then show through.*

*An additional approach is to focus on improving your self-confidence. You may be free of any underlying problems; but if you do not believe in yourself, you will not come across as being the wonderful person you really are. So, believe in your own magnificence and think of all the ways in which you are wonderful.*

### *Ascendant in Cancer:*

*You would probably appear to others as being more emotionally sensitive and in need of protection than you really are. As you would be outwardly expressive of your feelings, you would be keeping them inside and you would be likely to attract sympathy and help. Aggressive persons might tend to think that you are an easy victim and then discover that you are not.*

*Asc. Sextile Uranus:*

*You have many opportunities to cooperate harmoniously with others to uplift the society out of past limitations and into an inspired, enlightened future. You likely have new ideas about relationships based on higher religious knowledge, such as how spiritual relationships are the basis of world peace.*

*Asc. Trine Neptune:*

*You have karmically earned a wonderful ability to be psychically tuned in to the emotions and needs of others. This allows you to have a very caring and loving relationship with your partner. Your positive faith and compassion allow you to reach out to persons who are suffering emotionally. You are able to understand them, uplift them, and make them feel loved and cared about.*

*Asc. Square N. Node:*

*It would be difficult for others to understand the direction of your life path although they would be able to see you are very strong willed about moving ahead. You would tend to be assertive with others, perhaps even aggressive. You will find that competitive, physical activity is a good outlet for you.*

## **CHAPTER 6: MERCURY**

*Mercury rules the communication, learning and teaching. If you are trying to free yourself of a past trauma, it is healthy to communicate your needs, either to someone who is a helper or to others who are facing the same problem.*

*You can learn about how others have dealt with similar challenges and then share this knowledge with others.*

*If you have been abused as a child and the abuser has told you not to tell anyone about it, you do need to feel guilty or ashamed about seeking help. Often there are telephone lines where you can talk to someone about it without even having to meet the person you are talking to. It is essential to your happiness to get your feelings out and not store them inside. When no one speaks up, it is common for those who have been abused to think they are the only victim, but this is seldom the case.*

*Mercury in Scorpio:*

*You would have the skill in helping someone delve into what in the past was traumatic for them. You could then help them to see the experience in a new, transformative light.*



*Mercury in 4th house:*

You are talented at teaching children and giving them a good start in life. You would also have skill in helping children who may have had a rough start in life to feel they belong.

## CHAPTER 7: VENUS

*Venus rules love and it is not unusual for those who have been rejected in love to feel some kind of ongoing trauma. Venus rules your heart and you need to heal from these feelings in order to love again. The main thing is not to withdraw from others for too long or to shut off your emotions.*

*If you have not recovered after a long time, it may be you have another underlying, unresolved issue. For example, if you felt rejected by a parent even before you met that person, you would have to go back and heal that first.*

*Venus can also be involved in abuses such as sexual assault. This would most likely have occurred after puberty, although non-violent pedophilia of a child victim can occur with a Sun-Venus combination.*

*The path to healing involves learning to love yourself and restoring your self-esteem. There are professionals and crisis clinics who can help you. You may also wish to focus on justice and self-empowerment.*

*Venus in Virgo:*

You are emotionally reserved and therefore not held back by emotions about the past. You are more concerned about practical things such as your work and your health.

*Venus in 3rd house:*

Because you are likely to meet social contacts through computer networking and newspaper ads, it is important to make sure these persons are trustworthy. In most cases they will be, but if you are going to meet someone new, meet him or her in a public place.

*Venus Conjunct Pluto:*

As your love for nature is very intense, you need to make sure you have relationships only with persons whom you are sure you can trust. You can enjoy deep, passionate love and even a sense of rebirth from a good relationship, but remember that a poor choice could make you feel just as dejected and even destroyed.

## CHAPTER 8: MARS

*Mars is traditionally the war-god and the past traumas associated with it are likely to be associated with war, conflict or aggression. Of course, the opposite to war is peace and the pursuit of peace is the obvious antidote for trauma from wars.*

*However, it is not always simple as discouraging one's aggressive side. Aggression still needs an outlet and suppression of it will only lead to more conflict. The key is to channel the war skills into peaceful channels. For example, we will always need aggressive people to put out the fires, catch the criminals and do the construction work.*

*Another aspect of handling Mars energy is to develop your self-confidence. Someone who studies martial arts and knows he or she could win a fight if the necessity ever arose does not feel the need to get into conflict to prove something out of insecurity. Also, if the trauma you are suffering involves having been victimized in a conflict, you would feel safer knowing you have learned to defend yourself if you ever have to in the future.*

### *Mars in Capricorn:*

You have a strong need for respect in your community and you will work hard and very honest to get to the top. You just need to be careful of competition from others who might or might not be as honest. You also need to be tolerant of your children, especially if they have creative talent, so they will not turn against you for making them conform too much.

### *Mars in 6th house:*

You are a very precise, hard-worker. You are especially skilled with your hands and with tools. The only time you would find any conflict would be if you expect others to be as exacting as you are, if their abilities lie in different direction.

### *Mars Trine Jupiter:*

Because of your high energy level and very positive philosophy, you feel compelled to go forth and teach and uplift others. Your own awareness is high above the problems of this world and you seek to show others the healing light which can transcend their past discouragement. You are meant to do a great deal of good and you feel happy and fulfilled when you do.

### *Mars Square Saturn:*

You came from a background of harsh discipline and competition to fill your needs. There was no time for emotion. Unless you work to offset these limitations, you will tend to be unhappy, self-centered and isolated from others. However, this is a new moment and you can use your strong positive resolve to allow more happiness and flexibility into your life.

## CHAPTER 9: JUPITER

*The type of traumas associated with Jupiter tends to have to do with religion or culture. For example, you may have suffered from poor treatment on the part of those who did not accept your religious beliefs. Another possibility is you may have been forced to leave your traditional surroundings and then suffer the culture shock of getting used to another country. Or, it may be that persons of another culture have moved into your homeland and made you feel as if you do not belong. In any of these instances, your need is to re-connect with your roots.*

*Jupiter energy has great potential to heal you from past traumatic experiences. It involves positive thinking, faith and knowledge of the Divine. In fact, it represents the underlying meaning of all religions and cultures. Its optimistic attitude can take you out of past, negative patterns and replace them with an enjoyment of the present moment and a joyful expectation of the future.*

*Jupiter in Virgo:*

You are very honest and you will give of yourself to be of service to others. You tend to think that cleanliness and neatness are next to godliness and this can result in some opposition from more easy-going types. You are not likely to be held back by any past traumas because you are optimistic and logical.

*Jupiter in 2nd house:*

You are very positive about your business prospects and you are likely to succeed in making a good fortune. You do not concern yourself with the past because you are a hardworking, rational, positive thinker.

*Jupiter Trine N. Node:*

You are fortunate to have religious or philosophical beliefs which can lift you out of your past and into the future. You are a very positive thinker who can bring in the light and rise above challenges, and you know to take advantage of opportunities.

## CHAPTER 10: URANUS

*Uranus rules sudden changes and any past traumas associated with it are likely to be related to sudden unexpected events such as a lightning strike, a revolution or a sudden earthquake. These events occur when the tension builds up over a long period of time and then suddenly releases. Similarly, if you have built up a lot of tension or if you have been kept down and unable to express yourself, you will be more prone to sudden events. There is really not such a thing as an "accident" because it results in a predictable way when the normal need for change gets repressed.*

*Insofar as Uranus rules astrology, you can study astrology to predict when sudden,*

*Uranian events are likely to occur in general and in your own life, and then you can make plans to be prepared (or even alter your life's course) ahead of time. You can come to expect sudden changes will be positive and they will be the work of the Divine-righting the wrongs and re-balancing the energies. Then you will anticipate the future with excitement rather than fear.*

#### *Uranus in Virgo:*

Rather than be emotional about any past traumatic events you are very practical and forward-thinking. You understand holistic health care and its many new ideas. You may find an exciting outlet in exploring new ways to keep the environment clean.

#### *Uranus in 3rd house:*

You have a brilliant mind and you may be a leader in new trends in education. Rather than have people held back by past ignorance, you would seek to provide equal opportunities for all who want an education to have it available. You would be on the forefront of electronic and scientific means of education.

#### *Uranus Sextile Neptune:*

This is a rare and subtle planetary combination when knowledge of highest wisdom and greatest compassion was temporarily readily available to everyone. It was a time of great spiritual growth and unusual, universal insights. It was not only an opportunity for your own spiritual awakening as an individual but for the advancement of the planet as a whole.

#### *Uranus Conjunct Pluto:*

You were born during an unusual time of tremendous social upheaval and change. There may have been natural disasters such as earthquakes and man-made explosions as well. Because of these events beyond your individual control, you have learned to live with intensity. You have been part of a very large trend towards persons on the earth coming into very close contact with their ultimate origins and their spiritual destiny.

#### *Uranus Quincunx N. Node:*

Although you are somewhat held back from getting on with your future because of the past hardships, you have also inherited a revolutionary drive to emerge from all that. You clearly see the relativity of any past limitations and your idealism will carry you through to a brighter future.

## CHAPTER 11: NEPTUNE

*Neptune rules emotional receptivity and on the higher level. If you have suffered a past trauma related to Neptune it may be because you were a defenseless victim who was too busy being receptive to assert yourself, or it may be you very compassionately helped someone else and suffered the trauma as an intentional self-sacrifice to save the other person.*

*The key to healing from such traumas is to get your emotional energy flowing again. You need to talk out your emotions and express them in creative ways, such as by writing poetry, songs, doing art or singing and playing an instrument. It would help you to work with nurturing, non-judgmental, supportive people, so you can express your inner feelings safely. For example, you need to be with people who appreciate your art as self-expressive and who are not concerned with whether it is "good".*

*The water element could heal you such as swimming, fishing or paddling a canoe out in nature.*

*Neptune in Scorpio:*

You were born in a generation when emotions ran deep and were difficult to bring to the surface. Some resorted to alcohol or drugs, but those who let the emotional healing occur deep inside emerged with a sense of rebirth.

*Neptune in 5th house:*

You are likely to keep emotions inside about past traumas because you excel in your ability to dramatize your feelings outwardly perhaps in drama or art. You maintain a positive, sunny outlook. You may have been neglected somewhat as a child but you are able to move on.

*Neptune Sextile Pluto:*

You were born in an age when there were many opportunities for the people on our planet to align ourselves with a greater spiritual purpose. The key to doing this is kindness and compassion. If these opportunities are taken advantage of, the survival of our planet will be ensured.

## CHAPTER 12: PLUTO

*As Pluto rules extremes, it rules many types of disasters and traumas. It rules death but it also rules rebirth. If you have ever faced a life-or-death situation or a series of intense circumstances which seemed to be beyond your control, it is likely there was a Pluto transit in your chart.*

*The events may have affected your emotions deeply and perhaps left you with a fear that something similar could happen again. For example, if you lost relatives in World*

*War II you might be afraid that uncontrollable events could cause you to lose relatives again. However, a study of astrology can give you insight into this and transcend the fear. In World War II, most of the people had Pluto in either Gemini (ruling aunts, uncles and cousins) or Cancer (ruling the mother and children). Pluto will not be in either of these signs again during the normal lifespan because it takes Pluto 248 years to revolve around the Sun and be in the same sign again. So, even if Plutonian events seem unpredictable, they are part of your overall plan and when that is realized, a rebirth occurs.*

#### *Pluto in Virgo:*

You were born into a generation when the indulgence of the past had come to be seen as the cause of individual and environmental health problems. Therefore there was a major shift towards caring for the planet and exploring alternative, holistic methods of healing.

#### *Pluto in 3rd house:*

In your past you may have found education was inadequate to lift you out of the poverty suffered by your relatives. You became determined to create a different future for yourself and you studied very hard. As a result you have developed a fine mind and you are capable of teaching others and translating and explaining for them.

## CONCLUSION

This report has given you many ideas to help you transcend any past traumas. It will also be helpful for you to work with an astrologer who can help you put all of the ingredients together and get a bigger picture. An astrologer can add what are called aspect patterns, such as a kite pattern or a yod, which do not lend themselves well to being calculated for this type of Report. Aspect patterns can give you further insight into how several planetary influences can interact with each other to produce a specific event. You might also get the astrologer to add your current transits and/or the transits when a specific event occurred. Your Chiron could be looked at too.

The concept of Retrogradation could be added, but retrograde planets just give the illusion that you are stuck in your past when really you have moved on. If you imagine you are on a moving train and another train is moving more slowly beside you, it will look as if the other train is moving backwards when really it is not. Similarly the motions of the planets can sometimes make you think you have a problem from the past when you do not.