

Saturn's Promise

An Astrological Analysis of Saturn for

Julia Roberts

October 28, 1967

12:16 AM

Atlanta, Georgia

Calculated for:

Time Zone 5 hours West

Latitude: 33 N 44 56

Longitude: 84 W 23 17

Positions of Planets at Birth:

Sun	4	Sco	03	Pluto	21	Vir	57
Moon	24	Leo	47	N. Node	27	Ari	55
Mercury	13	Sco	53	Asc.	27	Can	53
Venus	18	Vir	04	MC	16	Ari	45
Mars	3	Cap	45	2nd cusp	19	Leo	50
Jupiter	1	Vir	22	3rd cusp	15	Vir	34
Saturn	7	Ari	09	5th cusp	22	Sco	07
Uranus	27	Vir	12	6th cusp	26	Sag	56
Neptune	23	Sco	21				

<i>Aspect</i>	<i>Orb in Natal Chart</i>				<i>Orb in Saturn Return Chart</i>			
<i>Conjunction</i>	:	6	Deg	00 Min	5	Deg	00 Min	
<i>Opposition</i>	:	6	Deg	00 Min	5	Deg	00 Min	
<i>Square</i>	:	6	Deg	00 Min	5	Deg	00 Min	
<i>Trine</i>	:	6	Deg	00 Min	5	Deg	00 Min	
<i>Sextile</i>	:	4	Deg	00 Min	3	Deg	00 Min	
<i>Semisquare</i>	:	2	Deg	00 Min	1	Deg	30 Min	
<i>Sesquiquadrate</i>	:	2	Deg	00 Min	1	Deg	30 Min	

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Introduction

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As they orbit the Sun, the planets reveal the unfolding patterns of our lives. Saturn, with its magnificent rings and multiple moons, acts as a principal timer of events. This interpretation focuses on the structure of your life: from the potential you have at the moment of birth, through the formative years, the productive period, and into your later years, when you become a mentor for the younger generation.

What Saturn Signifies in the Birth Chart

Let's begin at the beginning. At birth you have unique potential to grow to adulthood, fulfill your talents, achieve emotional security and happiness, and to express yourself as a spiritual being. Sometimes you will work hard and achieve more. Other times you will struggle, only to be frustrated in your desires. Frustrations often teach us greater self discipline ... by creating patience, for example. You always have choices along the way.

Saturn's birth potential encompasses these general considerations:

- physical development and health considerations - mental and emotional development - areas of pessimism or limited enjoyment - consciousness of self - career and enduring legacy - your life path in general, from starting point to life lessons to rewards. - potential for wisdom and maturity

One way to summarize the role of Saturn is to look at your capacity for self-preservation. All of the above-listed traits come into play as you seek to defend yourself against perceived attacks, or to go on the "attack" as an assertive, ambitious individual. You develop skills that aid you in becoming a successful, satisfied person. Success depends both on defensive capacity and assertiveness.

These consideration play out in two ways. First, there is the "normal" path - the typical pattern of development that all people follow. This path is true for everyone. Then there is the unique focus you bring to your own life. This is where you reveal your own power and will. The intersection between the typical and the individual is the subject of this interpretation.

Because Saturn moves relatively slowly through the signs, all the people born within about a 2 to 2 1/2 year period share many qualities. Here are some thoughts about your unique potential, as seen in your birth chart. People in your immediate age group share many of these traits.

Part I - Saturn in Your Birth Chart

Saturn in Aries:

On the up side, you are ambitious. If you set your mind to a project, you can be the first and the very best. Your capacity to pursue goals is virtually unlimited. To the extent that you meet positive reinforcement in the environment, you grow into a person who is genuinely above attack.

On the other hand, you also have the capacity to develop self-defense mechanisms that are

simply dreadful. People will literally fear you, and in this way you indeed protect yourself from hurt. You also insulate yourself against friendship and love if you carry this to an extreme.

Another positive quality of your Saturn placement is that you are not as impulsive as the typical Sun in Aries person. Whether you develop the positive or less constructive qualities mentioned here, you develop them patiently and thoroughly. Early on you may feel limited or inadequate, but as you go along, you overcome these feelings through sheer will.

The placement of Saturn in your birth chart suggests that the skull, head and axial vertebrae are potential areas for physical manifestation of the mental, emotional and spiritual experiences of your life. In medical astrology, these parts of the body are reflected in the sign of Aries.

Yoga and other exercise that promotes the flow of energy through the neck and head areas is advantageous. Strengthening this part of the body requires careful attention and gradual effort, beginning with minimal weight. If you experience problems in the eye or sinus areas, or persistent headaches, you may want to get checked for allergies in general, and sensitivity to wheat and yeast in particular.

Saturn in a fire sign:

Intelligent activity, by your definition, includes intuition, something that many people barely think is real. Your idealism is tempered by a good dose of caution, but you are able to look past the ordinary and plan for outcomes that incorporate individual freedom and room to act on impulse from time to time. Some people might think this is your selfish side at work - you want something in the plan for you to enjoy. Others see this as a responsible way to approach the needs of other people. Whatever your personal motivations, you are assertive in their application. You want to see the best possible results of your decisions, and you can wait patiently for results when that is required. Creative outcomes work today, and will continue to work tomorrow.

Saturn is 7-8 deg Cardinal:

Areas of the body that deserve careful attention include: Cheekbones, hiatus in diaphragm, kidney nerves and renal pelvis, lymph vessels of knees.

Saturn in 9th house:

Throughout your life, higher values are of major importance. Yet this is an area where development may be delayed. This means that while you must take responsibility for the development of values that are consistent with your deepest beliefs, you may not feel you are good at it early in your life. You find strength in traditional values, so you don't want to simply throw them out. That would make you feel guilty. Instead, you develop or change your beliefs on the basis of factual information.

You may be the eternal student. You have a probing mind, seeking to understand the deeper meaning of any subject. You may be frustrated if your teachers expect rote memorization, as you innately understand that there is much more to what you are learning. You thrive in situations where you are not only taught the way to do something, but also the theory behind it.

You may not be fond of travel. When you do leave home, you like to be very organized, have a list of everything you will need, and check things off as you pack. You feel more secure when you have back-up plans in place. In fact, you feel better when you are in charge of the itinerary.

Saturn in hard aspect with Mars:

You are very hard on yourself, and can be equally hard on other people. You find that you spend your energy struggling against resistance from the environment, and later you discover you were the source of much of the resistance. Without clear understanding, events can cause you to become bitter or harsh. At the same time, once you understand your own role in situations, you are able to make progress by avoiding head-on resistance, and by using your energy constructively.

Saturn in hard aspect with Neptune:

You have to work hard for each bit of success. You may live a Spartan life, managing with very little. You may have chronic ailments that demand careful attention. You struggle sometimes between your lower nature and your higher spiritual values.

Saturn Rx in cardinal sign

At birth the infant faces enormous demands. From the first moment, the capacity of the heart and lungs is tested. Breathing and circulation are required for initial survival of the birth event. Very soon the capacity to swallow and digest food is tested. If these challenges are not met within the first week, the infant fails to thrive. Then elimination of toxins becomes an issue. As soon as the infant comes in contact with other people, the immune system is tested. Very shortly reflexes and the development of muscle strength are required. All of these very basic functions fall into three general groups.

With Saturn retrograde at birth you may have faced a delay in development of brain, stomach, or urinary functions. In addition, you may have developed significantly greater strength or coordination on one side of your body. While most developmental delays are overcome, you may be faced with one or the other of these problems throughout your life.

Summary

The above remarks indicate both where you begin in life and where you experience change as you go along. They also represent a fair assessment of your potential. You very likely will relate to some of these ideas at the present time, feel that you have already overcome some of the less constructive traits, and recognize that you can strive to accomplish others.

Life Unfolds

All people begin physical life as helpless infants, and all people eventually leave the physical body. Between these two universally shared events, you experience the richness of what life has to offer, and you have unique experiences, based on your own potential. There are so-called "normal" times for each developmental process to occur. The typical milestone period is seven years, four months, and one week. Some of us are ahead of the curve at each milestone, and some of us fall behind. Astrological timing is based upon the average speed of Saturn's motion, compared to what actually occurred for you personally.

For each major phase of your life, you will find information about the associated developmental process and its demands. Then you will find information about how you fit into the typical pattern - early or late, and what you can expect because of the timing. Most individuals have a mixture of early, late, or three chances. Thus, you will not have the same experience every time.

Throughout this section of your interpretation, you will find notes about the date (s) when each Milestone occurs. When three dates are grouped closely together, you have the opportunity to understand a milestone through three distinct experiences. If you have three Saturn returns grouped together, you get three very different pictures. The first two dates help you to address challenges and seek opportunities, primarily for the period of time before the third date. Indications at the third date carry forward strongly for the next 28 to 30 years.

Because of the movement of Saturn, you experience similar conditions and feelings every 28 to 30 years. Early in your life, a difference of a few weeks or months can have a big impact on your physical, emotional, mental, and spiritual developmental processes. A month seems like an impossibly long time to a six-year-old, while at age sixty a month whizzes by all too quickly. In addition, when you are older, you will have gained experience from the formative years - experience that enables you to manage events and conditions better.

By understanding the interweaving of planetary influences in your own chart, you gain insight into your life. You make peace with yourself concerning certain times of your life, and you arm yourself with helpful information for future life passages.

Part II - Saturn Cycles in Your Life

Growth - Birth to About Age Thirty

During the first 28 to 30 years of life, you have been building the structure of the physical body, expanding your mental capabilities, learning how to manage emotional changes, developing a sense of values and morals, and entering the working world. You have formed lasting relationships and may have given birth to children of your own.

The demands of the first seven years of life are huge. You learned to communicate through language - a tool that allows you to express your needs, learn concepts in an organized way, and engage in deductive reasoning. You learned to operate simple machinery and use a computer. You developed the coordination necessary for using all kinds of tools. By age thirty you are a fully functioning adult human being.

Saturn builds upon the past. This means that even from birth, you were using what has come before to create structures. Thus the first full period indicates how you take in the familial, social, and cultural information surrounding you. You started out wholly dependent on the people and structures around you, and during the first 28 to 30 years of life you learn how to function independently - you develop a personal perspective on family and culture.

Milestone I - A Sense of Self: Around Age 7

The promise of this first milestone is the development of a sense of "self." Up to this time you are primarily part of a group. You step out of the nuclear family into the immediate neighborhood, meeting other children, relating to caretakers outside the household, and beginning regular schooling. By the time you reach this first milestone, you generally see yourself as separate from your parents and siblings. In fact, at this time you may feel somewhat isolated, while also enjoying the new sense of independence.

A very important transition at this age is the understanding of right and wrong. You come to understand that the rules you have been taught have a systematic structure that can be generalized into a code. You internalize the "feeling" of rightness or wrongness of your actions, and gradually learn to make your own decisions. While a child of two or three looks to an adult authority figure for information about appropriate action, the seven to eight-year-old is learning to look within the self for this information. There is a growing sense of responsibility for your actions, and also a greater feeling of significance as an individual.

Saturn square Saturn in cardinal signs on June 21, 1974:

Lessons at this time ideally created an environment in which you could act upon your own initiative, even though you were only seven years old. This meant that your parents and teachers ideally provided a safety net of appropriate boundaries, while allowing you as much freedom as possible for self-expression. You may have set goals now that last your entire lifetime.

Do you recall specific events from this time period? Did you feel growing independence and strength? Did you encounter harsh lessons that taught you to be much more cautious in your decisions and actions? Was there a mixture of both? Whatever your experiences at this age, they were carried forward for at least the next 7 to 8 years, and probably up to the present moment.

Milestone II - Crisis of Puberty: Around Age 14 - 15

The teen years are filled with a sense of crisis for most of us. As you enter puberty, you feel like an adult and have adult sexual urges. At the same time you often feel like a child, helpless to manage the emotions that accompany profound physical changes. Your mental framework is changing radically as well. Ideally you move from primarily inductive thinking toward using the deductive style of reasoning. This provides an opportunity to abandon somewhat unpredictable patterns of thinking and take up a precise, definite, secure mental style. You may come to believe that everything is logical and rational.

Yet you have those unpredictable emotional floods that contradict this new style of thinking. Often you wish you could blame someone else for your difficulties. Your parents or immediate

caregivers are likely targets for your negative emotions, while you save your more positive feelings for your peers. You need time to adjust to massive physical changes too. Even though this can be a painful time, it is important to hang out here for a while. For example, rushing into marriage, and the associated adult sexual behaviors and other responsibilities, can deprive you of the time you need to fully understand your own internal processes.

Even though you feel grown up and independent part of the time, you still need the support and boundaries provided by parents, teachers, and rules. Saturn reflects the role of discipline in your life. Around age 15, you still need the discipline provided by family and social systems as you gain awareness of your social position, intellect and future possibilities.

Saturn opposition Saturn in cardinal signs on November 23, 1980:

Saturn opposition Saturn in cardinal signs on March 18, 1981:

Saturn opposition Saturn in cardinal signs on August 17, 1981:

Where you had previously learned to act on your own initiative and how to set meaningful personal goals, at this milestone you were buffeted by emotions that you previously held under strict control. This rush of emotions had the potential of opening up whole new vistas of awareness - you understood that life was not just about you and your desires, but also about other people. At this time you got to see just how messy feelings could be.

If the adults around you acted responsibly, and if they established boundaries that provided support without total restriction, then you came through this transition with a renewed sense of independence and strength. On the other hand, if the authority figures in your life acted from self-interest, you could have suffered deep emotional wounds as you struggled to maintain your own sense of self.

For most of us there was a mixture of good and bad at this time. We tried things, we made mistakes, we had successes and failures, and we survived. We also internalized reasons for being dependent, co-dependent, or independent. Ideally, we learned that we are interdependent parts of partnerships, social circles, and the larger universe.

Milestone III - Legal Adulthood: Around Age 21 - 22

The third Saturn milestone occurs around age twenty-one to twenty-two. Our society labels us as adults at about this time. Generally this transition is made primarily on the mental level. It is a time when you accept the responsibilities of adulthood - legal to drink, vote and marry. Laws in many states and countries apply this label earlier - at age eighteen, for example. Having the legal responsibility and having the intellectual, emotional, and spiritual understanding of responsibility are two entirely different things. You get to audition for adult status before you have all the mental mechanisms in place to do the complete job.

This transition is often accompanied by the desire to "go it alone." Students have gone off to college; others have taken jobs and may move away from home. Many have married and begun their own families. You take on the material responsibility for your life, and presumably you are more thoughtful in your decision-making. You feel alone as you transition from a primary role of junior family member to the role of adult independence. Even if you marry and have children, you are still going through the transition and may feel very lonely as you make important decisions. Yet you need to separate your identity from the peer group, just as you

separated from the family, in order to become a healthy individual.

Saturn square Saturn in cardinal signs on January 14, 1989:

You found yourself at a dynamic crossroad. You had life direction under control. The environment proved to be more unpredictable than you thought possible. If you experienced success in developing independence, you set the stage for rapid advancement in all areas of your life for the next seven years.

To the extent that you met the challenges, you gained a sense of your own strength. To the extent that the challenges felt like defeats, you developed fears that you carried forward from this time. Even though you were no longer answering directly to your parents, you had internalized a parental voice that informed you about your actions. If events were not been favorable, you may have felt guilty about your role in them.

The Productive Period - About Thirty to About Sixty

During this period, you will work with what you have learned in the first 28 to 30 years. You repeat the same Saturn phases, but this time with the benefit of life experience. You now enter the fully productive period of your life, armed with the constructive and not-so-constructive lessons you have learned.

They say that what goes around, comes around, and this is certainly true of Saturn, both literally and metaphorically. The way you handle your experiences definitely affects how you meet each subsequent challenge. The Saturn Return marks the beginning of the most important period of maturity. This is when your productive powers are at their height - a time when you express yourself in the world and are able to achieve concrete goals and make a lasting impact.

Because Saturn has made a full circuit of your birth chart, all possible structural relationships have been formed. This means that all the pieces are in place, for good or ill. For instance, you have achieved nearly complete physical growth. During the next 28 to 30 years, your physical effort shifts away from growth and toward work and maintenance of health.

You are capable of making big changes, but they are dependent on how you view the decisions you made during the first 30 years of your life. You may become more conservative and serious, or you may undertake significant changes in career, spiritual direction, and family relationships. At this time you tend to think deeply about your life, and the direction you want to take in the future. These decisions are likely to have a lasting impact.

The Saturn Return creates a new pattern in the heavens. Although you will always respond most strongly to your birth chart, the chart for the Saturn Return sets the tone for the next 28 to 30 years of your life. Therefore this report analyses the potential in that chart as if it were a birth chart - for the birth of your productive period.

Milestone IV: The First Saturn Return: Around Age 29 - 30

Because we are talking about the Saturn Return, Saturn is in the same sign as it was in your birth chart. However, you have 28 to 30 years of experience building the structure of your physical body, your mental capacity, your emotional tendencies, and your spiritual understanding. Thus the second Saturn passage will be significantly different from the first.

At this time you may review the past, and get an attitude check-up. How are you doing with your material ambitions? Are you on the career track that is best for you? What kinds of changes may be necessary or appropriate at this time, in order to get you moving or keep you moving in a positive direction?

The time of the Saturn return is good for clearing out the dead wood of a stagnant career, old relationships, and other things that are no longer useful to you. This is also a time of beginning. After any repairs to your life that seem essential, you can take off in a new direction. If you like where you find yourself, you enter into life's activities with renewed vigor. Finally, you put down deep roots that support you through the next 28 to 30 years successfully.

During this transitional period you learn a lot about yourself, about the people close to you, and about your long-term goals and desires. You test out the methods you have learned in the past and refine them as you go along. You may find (or recall) yourself looking into yourself. What have you personally accomplished? What have you had to endure, through no fault of your own, but because of circumstances? Where are you in terms of goals you may have set for yourself long ago? Are they even important now?

You may never forget the stress you feel (or felt) at this critical transition time. You could experience physical illness, psychological stress, or a spiritual shift of large proportions. The best bet is to take full responsibility for your life, even where circumstances intervene. You are responsible for how you chose to respond to them, after all.

For the foreseeable future, how you respond to life is what matters most of all. You have the opportunity to choose your associates, choose your career, and choose your belief systems. You are challenged to reach your highest potential in all areas of your life. You are, of course, building on everything that happened during the first period, finding remedies for gaps in your education or worldview, and forging ahead. If there are difficulties, you find that you not only have to face them, you have to sort out issues from the past as well.

Your Personal Saturn Return Chart Indicators

SATURN RETURN on July 1, 1996:

SATURN RETURN on August 5, 1996:

SATURN RETURN on March 5, 1997:

The following influences occur in all 3 Solar Returns.

Saturn in Aries:

Ambition and strong self-will be a strong part of your personality. If, during the first cycle, you have built a structure of work ethic and self-restraint, you are very likely to continue to add to that side of your personality.

Saturn in Natal 9th House:

You were born with Saturn in the house of travel, education and higher values. You will find that your focus, while continuing to reflect the significance of these factors, now turns to other matters.

Given below are influences that are in effect for each of the Solar Returns listed above.

The influences of the last of these Saturn Returns has the greatest influence during the following 30 years.

SATURN RETURN on July 1, 1996:

Saturn in 9th House of Saturn Return Chart:

In the Return chart Saturn is in the house of higher philosophical values. During the next 28 to 30 years, you find that self-awareness takes on greater importance. In addition you will discover how ethical principles attract your attention, and you will learn how to establish and maintain your spiritual center in new ways.

Your revision of personal values will have striking results. As you learn about different religions and philosophies, you will find your own self-righteous attitudes softening. You will be able to follow the path of right action for yourself, without trying to convince others that they should be on the same path. Depending on how great a change occurs within you, you may also change political parties. Whether your thought move in the liberal or conservative direction, you find that you need to walk the spiritual walk, and merely talking about it no longer satisfies you.

Eventually you find that the sticky connections have loosened up a bit. You can consciously choose to remain connected, or to let go of the past. And instead of depending on others for support and encouragement, you find that these essentials are coming from within yourself. You are able to provide for yourself, and you seek a partner who supports your needs and desires. You retain lessons concerning material things that serve you well, and discard those that were never truly comfortable to begin with. Keep in mind that this ongoing process continues for 28 to 30 years, up to the next Saturn Return.

Saturn in hard aspect with Sun in Saturn Return chart:

During the coming cycle, you may tend to work alone more than you have in the past. If this is a very strong desire, your friends and co-workers may worry that you are depressed or angry. You are challenged to perform during this cycle, and life may seem like a struggle.

Saturn in hard aspect with MC in Saturn Return chart:

Everything develops slowly - maybe a lot slower than you wish. You feel ill at ease, or perhaps emotionally distressed. In order to make progress, you may have to separate yourself from people and situations that do not allow you to progress and produce.

SATURN RETURN on August 5, 1996:

Saturn in 10th House of Saturn Return Chart:

In the Return chart Saturn is in the house of career and social life. During the next 28 to 30 years, you find that public matters take on greater importance. In addition you will discover how the right pursuit of livelihood requires your direct attention, and you will learn how to establish and maintain clear standards of behavior in all areas of your life.

During this cycle you learn from experience. You can do everything the hard way, or you can remember the past - you only have to make a mistake once. In fact, if you pay attention to what other people do, you may not even have to do that. This is the time to evaluate the system. Are you on the right career path? If not, take the time to consider your personal goals. You learn the lessons of your successes as well as your mistakes. In the process you find a more stable position, or you take steps to achieve more security in your present career. The key to success at this time is self-awareness. If you listen to your own inner voice, instead of judging situations according to other people's rules, you find that you are more satisfied with your life direction.

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Saturn in hard aspect with Mars in Saturn Return chart:

You are very hard on yourself during this cycle, and may be hard on others as well. You feel that all of life is actually a life and death struggle, yet you are the primary source of the resistance you feel. While it's true that the more energy you put into activities, the more you can expect out of them, it is also true that too much work wears down the physical and mental systems.

Saturn in hard aspect with Jupiter in Saturn Return chart:

This is an extended period in which you can become tremendously successful, but only if you apply yourself thoroughly. Success will not fall out of a tree at your feet. However, you will be able to climb that tree to get the ripest fruit. You will feel dissatisfied with your results, even when you have put in major effort. Cultivate patience.

Saturn in hard aspect with Asc. in Saturn Return chart:

A chronic ailment may develop, or you may have a round of episodes of an illness you thought was under control. You may feel more separated from others than you actually are. This is a cycle in which you develop very slowly in terms of career and social status, but the development does occur.

SATURN RETURN on March 5, 1997:

Saturn in 10th House of Saturn Return Chart:

In the Return chart Saturn is in the house of career and social life. During the next 28 to 30 years, you find that public matters take on greater importance. In addition you will discover how the right pursuit of livelihood requires your direct attention, and you will learn how to establish and maintain clear standards of behavior in all areas of your life.

During this cycle you learn from experience. You can do everything the hard way, or you can remember the past - you only have to make a mistake once. In fact, if you pay attention to what other people do, you may not even have to do that. This is the time to evaluate the system. Are you on the right career path? If not, take the time to consider your personal goals. You learn the lessons of your successes as well as your mistakes. In the process you find a more stable position, or you take steps to achieve more security in your present career. The key to success at this time is self-awareness. If you listen to your own inner voice, instead of judging situations according to other people's rules, you find that you are more satisfied with your life direction.

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Saturn in soft aspect with Jupiter in Saturn Return chart:

During the coming cycle you find that patience is richly rewarded. Look for business and financial opportunities. Explore them to assure they are built upon sound logic. Choose investments that promise long-term, steady gain. Develop both long-term goals and short-term tactics.

Saturn in soft aspect with Uranus in Saturn Return chart:

You have opportunities to demonstrate that you can cope with almost anything. You have chances to show your will power, and you make use of them. Yet you feel the strain. During this cycle, you grow through overcoming difficulties.

Saturn in soft aspect with Pluto in Saturn Return chart:

During this cycle you meet with difficult people and situations. Opportunities arise for you to work with groups of people who set very high goals and push to the limit to achieve them. Some of your successes will seem like magic. Certainly your results reflect wise use of personal skills.

Summary

Compare the above thoughts about Saturn to the information about you at the beginning of this interpretation. There may be certain similarities, and there are probably striking differences. Keep in mind that you don't stop being the person represented by your birth chart. However, you are now entering an extended period during which you add nuances to your repertoire of behaviors.

Milestone V - Sense of Purpose: Around Age 36 - 37

This developmental transition gives you get a chance to review what you have been doing since your Saturn Return. This life transition parallels the changes at around age seven. The earlier challenge was to develop a sense of self. Now the challenge is to develop a sense of personal purpose. No longer under the thumb of family and society, you face life's challenges as a true individual.

At this time you begin to sense the empty places in your life. There is a strong tendency to fill them with something - anything. Experience tells you, however, not to fill them with just anything that comes along. There is an intentional quality to your decisions that is thought out more carefully than when you were seven.

Saturn square Saturn in cardinal signs on July 30, 2003:
Saturn square Saturn in cardinal signs on February 5, 2004:
Saturn square Saturn in cardinal signs on April 7, 2004:

You are well into the productive cycle, and now is the time to examine your progress to date. What progress have you made toward the goals you set for yourself? You are likely to receive messages, both positive and negative, that indicate whether you have found the deep current in the river of life. Or are you in the eddies and whirlpools, going round and round and making no progress? Hopefully you have avoided the raging rapids that toss you around and leave you feeling completely wrung out.

Milestone VI - Midlife Crisis: Around Age 43 - 44

The often-mentioned, much misunderstood midlife crisis is actually a period of self-evaluation that benefits from objectivity. Now is the time to assess everything that has happened since your Saturn Return at age 28 to 30. Because you make this assessment yourself, it must be based upon your own values, and not upon some measuring stick outside yourself.

Saturn opposition Saturn in cardinal signs on September 26, 2010:

As you push your own agenda, you become more and more lonely. You push other people away with your "my way or the highway" attitude. You may also learn to joy of joint ventures and adventures. Cooperative team efforts accomplish more than solo efforts.

At this transition, many people change marriage partners, change careers, and change their attitudes in general. Some of these changes are necessary, if further progress is to occur. Some are the result of immature decisions, growing out of earlier failures to complete developmental lessons. Either way, you will be change forever during this time. Roles that seemed to be

permanently defined when you were fifteen, now may dissolve or even reverse themselves. Many people undertake the care of a parent at this stage of life, for example.

At this stage of life, most of us find that we are no longer "young". Oh, we may continue to fight the weight, the wrinkles, and the aches and pains. Still, objectively speaking, we know we are not the twenty-one-year-olds we once were. A great many of us are at the midpoint of life, as we can expect to live into our 80's and even 90's. A good objective look now can set you on a course for the rest of your life that, instead of feeling like a downhill slide, is more like a contented drive - no longer pedal-to-the-metal all the time, but satisfying nonetheless.

Milestone VII - A Time of Change: Around Age 50 - 51

Similar to the crisis at age 21 or 22, once again you are taking a look at your typical behavior, and you may be deciding to make changes. Your attitudes and values may be pushing you to do more. Some people return to school. Others develop a creative talent. Still others find charitable work. If your own children are grown, and have moved away from home, you may have time, money and energy to spend on travel. In addition, you now must begin to treat your own children as adults, which can be a challenge in itself.

You are probably earning the most you ever have. If you are not satisfied with your career, there can be a major job change. This involves certain risks, and you may have to work through emotional issues from the past in order to be able to make the change.

Health issues could call for a change in lifestyle and/or diet.

Saturn square Saturn in cardinal signs on February 26, 2018:

Saturn square Saturn in cardinal signs on June 9, 2018:

Saturn square Saturn in cardinal signs on November 24, 2018:

Your actions appear impulsive. You examine the available choices quickly, yet you see much more than you might have when you were 21 or 22. By this time you have learned that hypersensitive feelings get in the way of work and relationships, yet when you try to inhibit feelings, that doesn't work either. Diplomatic skills improve, based on a reserved demeanor. In this process you feel somewhat alone, even if you have family and associates around you. You are becoming aware that you provide the meaning in your life. You can no longer depend on children, family, or other people to do this for you.

Becoming a Mentor - About Fifty-Nine Years Old

Some time near the 56th birthday, Saturn again returns to its birth position. This signals the beginning of a third life phase - that of mentor. In traditional societies the role of elder is an honored position. Generally the elders no longer participate in many of society's activities. They no longer are the hunters, the warriors, or the hard-hitting business people. Instead they take on the roles of historian, teacher, mentor and counselor, and the wisdom that comes with experience is highly valued.

You have just completed about thirty years of creative, productive work, and there is no need to cut yourself off from that at this time. However, you benefit from turning your attention away from new creative projects of your own, and using your energy to help younger people develop

their creative potential. You are able to help them because you have been there - you have had revolutionary ideas, you have changed careers, you have lived the life that they are embarking on.

This transition requires that you make some changes in your thinking. There is a second Saturn return chart that provides a major update. It indicates where you have been, and also shines a beacon on the path that remains before you. Because this third period includes old age, the chart for the second Saturn Return provides indications of what your final years will be like in terms of health, social activities, family responsibilities, and all other areas of your later adult years. Just as you have gathered wisdom along the path, as seen by Saturn's passage through your chart, you now have the capacity to understand issues that have followed you, provide guidance for younger people, and look forward to planting the seeds of your experience for others to nourish themselves.

Inevitably, this is a time of letting go. You are no longer as strong, as energetic, or as interested as you once were. We know that people are often able to maintain robust health well past the age of sixty, so it is not as if you suddenly switch off. You may, however, find yourself making "sensible" decisions, where formerly you could say yes to just about every opportunity, and not worry about rest, diet, and other security needs.

Milestone VIII - Second Saturn Return: Around Age 58 - 60

SATURN RETURN on April 13, 2026:

Saturn in Aries:

As the second full Saturn cycle comes to a close, you seek to consolidate gains in the area of ambitious undertakings.

Saturn in Natal 9th House:

You were born with Saturn in the house of higher values.

Saturn in 6th House of Saturn Return Chart:

In the second Saturn Return chart, Saturn is in the house of service to others and personal health matters.. These areas of life take on greater significance for you during the mentoring cycle. Because you have come through two full cycles, your level of self-awareness is much higher now, and there is a strong focus on using that awareness as the motivation and guidance system for your mentoring cycle.

Saturn in hard aspect with Mars in Saturn Return chart:

During this cycle you will want to make efforts to assure your safety and security. This means driving a safe vehicle, taking care of kitchen utensils and other tools, and generally paying attention to what you are doing. In terms of business, you find that self will meets with great resistance.

Saturn in hard aspect with Neptune in Saturn Return chart:

Chronic ailments are part of your life during this cycle. Take extra care of your health, and make sure your diet is appropriate to your body and its needs. You find that the nutritional facts have changed immensely since you first learned them. During this cycle you may vacillate between material concerns and spiritual insight.

Saturn in soft aspect with Pluto in Saturn Return chart:

You find that you are more capable of tasks requiring great effort. You may work alone to get the details taken care of, and you may also work with groups to achieve almost magical results. This involves teamwork.

Summary

At this stage of life, your responses to the energies around you should be more mature, more considered, and more consistent. As you compare the indicators at this point in life with those from age 28 to 30, you can see trends in your life. It helps to look ahead to future energy patterns, and aim for a place that will work with those energies.

Keep in mind that you may have many years yet ahead of you, and this is no time to quit. Instead, set your sights on specific, manageable goals that help you to develop and embrace the mentoring role.

Milestone IX - Retire or Re-vision Your Life?: Around Age 65 - 68

Consistent with earlier evaluation phases, one at age seven and one at around age 37, you are poised to evaluate your entrance into the mentoring period and to decide if you are on a comfortable path. You may have continued an active career path up to this point, and may even decide to continue for a few more years. If an actual teaching role does not suit you, you may teach by example. People will look at the way you handle problems, for example, and benefit from your experience.

You are likely to face some physical challenges throughout this phase, and attention to the demands of your body is essential if you are to continue to be active.

Saturn square Saturn in cardinal signs on October 12, 2032:

Saturn square Saturn in cardinal signs on October 25, 2032:

Saturn square Saturn in cardinal signs on June 4, 2033:

You may find that your ability to digest rich and spicy foods diminishes at this time. If you have a varied diet, you can probably have some spicy food without any difficulty, but you can't eat chili at every meal. You may want to simplify your diet simply so that you spend less time in the kitchen. You will want to consult with a physician or nutritional counselor about the changing dietary needs of the sixty to seventy-something age group. You may find that your ability to foresee the difficulties in your work is diminished, or that you simply don't want to be in charge most of the time. You can still navigate the rapids, but you seek a stronger craft, so that your journey is not as dangerous.

Milestone X - Inspiring Others: Around Age 72-75

At this point in life, you find that awareness results in a deeper level of creativity. For example, you are poised to see your work accomplished through others, instead of having to do everything yourself. You offer the inspiration for works, rather than doing the work yourself. You have heightened awareness of the roles you choose to play. You are also aware that you have somewhat limited energy, so you must make definite choices about how to direct your activities. You may find that while you need less sleep at night, you need time to rest during the day.

Your emotional life is steadier now. You have experienced increasing self-awareness around ages fifteen, when you were becoming more of a social being, and 42 to 45, when you were evaluating your successes or failures as a productive member of society. Now you are evaluating your capacity to help others to become aware of their own abilities.

Saturn opposition Saturn in cardinal signs on November 3, 2039:

Saturn opposition Saturn in cardinal signs on April 18, 2040:

Saturn opposition Saturn in cardinal signs on July 25, 2040:

Your contribution may be to help others to find the inspiration they need. You are able to facilitate creative work while allowing them to do it their own way. This is similar to the role of cheerleader, in that you applaud everyone's efforts, and refrain from telling them how to proceed. Your contribution may be to help others make the most of the emotional power behind their activities. While you probably won't want to engage in this kind of activity 24-7, you are able to help in the clinches. You are aware of a very full life available to you at this time, although you see how different it is from thirty (or sixty) years ago.

Milestone XI - Think Young: Around Age 79 - 82

There is very likely a sense of wrapping up your active life. You find that you have accomplished a lot. You may have some regrets, but more about the things you have not tried than about the things you have. If you feel constrained to reach goals at this time, expect to apply greater effort now. This is a time to consider what might have been as just that - an alternate path that you did not take. Then focus on where you are now, and how to make the most of it - and think young!

You may still hold a position as the elder family member, and you may be active on the board of an organization, or as a volunteer in a community organization. In this way your wisdom is put to use in exactly the way you choose. You may be in a position to require some care-taking yourself. At this juncture you identify the shift of responsibility off your shoulders and onto someone else, to the extent that you have not already completed this kind of transition.

Saturn square Saturn in cardinal signs on December 30, 2047:

This is the third time you have faced the need to establish your independence more strongly. You feel this is a time for choosing yet another new direction, but experience has shown that retirement is just not your style. Self-assertion is needed to resolve any old issues and tie up loose ends. Then your vision of the future has room in which to grow into reality. Objective decision-making is required at this time.

Milestone XII: Third Saturn Return: Around Age 86 - 89

At the time of your third Saturn Return, you have completed three full phases of your life. Traditionally, only a very few people lived to this age. With better nutrition and modern medical advances, more people are living well into their eighties, and even nineties. The physical body has slowed down some. Yet you continue to grow emotionally and spiritually. In addition, a significant part of your time may be spent in looking forward to the end of your physical life, and anticipating the next life. You have had three full passages of Saturn through your birth chart, and have therefore had three full opportunities to grow, to learn, to produce, and to mentor others. At this point you may be looking back as well, recalling the high spots and the low moments. To the extent that you have remained true to yourself throughout your life, you are content with the outcomes of your decisions.

SATURN RETURN on May 26, 2055:

SATURN RETURN on September 17, 2055:

SATURN RETURN on February 16, 2056:

The following influences occur in all 3 Solar Returns.

Saturn in Aries:

As the third Saturn cycle comes to a close, you look forward to letting go of any defiant attitudes you still have.

Saturn in Natal 9th House:

Saturn in the house of travel, education, and law - Your lifelong work has involved these issues. Through each cycle you have looked at this part of your life in detail, and you have experienced the physical, mental, emotional, and spiritual perspectives. At each Saturn Return you have also found that another area of life took center stage, along with transcendent values.

Given below are influences that are in effect for each of the Solar Returns listed above.

The influences of the last of these Saturn Returns has the greatest influence during the following 30 years.

SATURN RETURN on May 26, 2055:

Saturn in 10th House of Saturn Return Chart:

At your third Saturn Return, Saturn is in the house of career and social position. While job opportunities have come and gone, and social interests have also entered your life, stayed for a time, and then gone, you now are taking yet another long look at the role of self-awareness throughout the years. You may feel suddenly a novice as you discover new things about yourself. Or you may find renewed peace as you examine a life well-spent.

Saturn in hard aspect with Jupiter in Saturn Return chart:

Your mind has not gone to sleep, and you can continue to stimulate your thinking through reading, listening to recorded books, and interaction with your family or other people around you.

Saturn in hard aspect with Uranus in Saturn Return chart:

You need to be careful to avoid accidents.

Saturn in soft aspect with Sun in Saturn Return chart:

At this transition, you are aware of how your individual needs and desires have shaped your life, and the lives of people around you.

Saturn in soft aspect with Moon in Saturn Return chart:

Many opportunities arise for you to engage in thoughtful speculation. You may reminisce about your career and family events. You see what formerly were perceived as disadvantages as the "grist for the mill" of your lifelong self-education. You discover a strong sense of self.

Saturn in soft aspect with Mars in Saturn Return chart:

Use your energy for those activities that remain important to you, and let others take care of you to the extent that you need their help.

Saturn in soft aspect with Neptune in Saturn Return chart:

During this transition period, you may find that you are able to release old thoughts and feelings that no longer suit your purpose. You are motivated to help others, within the constraints of your physical, economic and emotional capacity. There will be health issues during this cycle that must be addressed, based on a chronic condition.

SATURN RETURN on September 17, 2055:

Saturn in 9th House of Saturn Return Chart:

At your third Saturn Return, Saturn is in the house of transcendent values. While your personal values have changed and grown, you now are taking yet another long look at the role of transcendence throughout the years. You may find areas where further growth is possible. Or you may find renewed faith, based on ideas and ideals that have been in your life all along.

Saturn in hard aspect with Mercury in Saturn Return chart:

Hearing capacity diminishes, and speaking becomes more of a problem during this cycle. In general you are more withdrawn and quieter than you have ever been, yet there is intense mental activity.

Saturn in soft aspect with Moon in Saturn Return chart:

Many opportunities arise for you to engage in thoughtful speculation. You may reminisce about your career and family events. You see what formerly were perceived as disadvantages as the "grist for the mill" of your lifelong self-education. You discover a strong sense of self.

Saturn in soft aspect with Venus in Saturn Return chart:

At the time of this transition, you limit your contacts with the world, and find you spend almost nothing on things you once felt were indispensable.

Saturn in soft aspect with Neptune in Saturn Return chart:

During this transition period, you may find that you are able to release old thoughts and feelings that no longer suit your purpose. You are motivated to help others, within the constraints of your physical, economic and emotional capacity. There will be health issues during this cycle that must be addressed, based on a chronic condition.

SATURN RETURN on February 16, 2056:

Saturn in 2nd House of Saturn Return Chart:

At your third Saturn Return, Saturn is in the house of personal resources. While financial and other opportunities have come and gone, and you've had ups and downs, you now are taking yet another long look at the role of self-esteem throughout the years. It is possible for you to have further successes. Or you may find renewed contentment in sharing your material things with others and helping them to feel good about themselves.

Saturn in soft aspect with Mercury in Saturn Return chart:

You now have opportunities to complete communications that have been left open for many years.

Saturn in soft aspect with Mars in Saturn Return chart:

Use your energy for those activities that remain important to you, and let others take care of you to the extent that you need their help.

Saturn in soft aspect with Neptune in Saturn Return chart:

During this transition period, you may find that you are able to release old thoughts and feelings that no longer suit your purpose. You are motivated to help others, within the constraints of your physical, economic and emotional capacity. There will be health issues during this cycle that must be addressed, based on a chronic condition.

Conclusion

The twelve milestones of Saturn's passage all stem from the birth chart. To make effective changes at any point in your life, you can look at your individual life map - the birth chart - and discover ways to use your gifts for greater success and happiness. The guidelines in this interpretation of Saturn in your life provide insight into the structures that work best for you, and also a path of least resistance for your efforts.